

# Document Pack

## CANTERBURY CITY COUNCIL

### CANTERBURY AND COASTAL HEALTH AND WELLBEING BOARD

Minutes of a meeting held on Wednesday, 9th November, 2016  
at 6.00 pm in The Boardroom, Council Offices

**Present:** Dr Sarah Phillips (Chairman)

Sam Bennett  
Neil Fisher  
Velia Coffey  
Councillor S Chandler  
Mark Lemon  
Councillor Cllr Pugh  
Jonathan Sexton  
Sari Sirkia-Weaver  
Mark Gray  
Anne Ford  
Marie Royle

1 **APOLOGIES FOR ABSENCE**

Cllr Joe Howes  
Amber Cristou  
Cllr Graham Gibbens  
Simon Perks

2 **MINUTES OF THE LAST MEETING AND ACTIONS 6 JULY 2016**

The minutes were approved as an accurate record

*Action: Neil Fisher to produce a summary document of the Annual Plan which could be circulated to Councillors and more widely eg community networks to show what the changes will mean to local people.*

This year's annual plan is now being written and the new plan will be summarised so that it is accessible for all.

3 **VANGUARD - MARK GRAY, INTERIM EXECUTIVE LEAD ENCOMPASS - WHITSTABLE, CANTERBURY, FAVERSHAM AND SURROUNDING AREA MCP VANGUARD**

Mark Gray presented the paper and highlighted the following:

- It has links to the Canterbury and Coastal Clinical Commissioning Group (CCG) and NHS England.
- Work started in 2014 to look at joint working with Whitstable practices.
- Funding was sought from NHS England and £4million funding sought for the second year. Half has been agreed and received.
- The focus is on clinical delivery of services but with reduced funding.
- The voluntary sector is being fully engaged and community paramedics are also being used to help avoid 999 admittance to hospitals. Red Zebra has been given additional resource to support their work.
- Multi Disciplinary Team (MDT) approach is being used and now tailoring the approach with proof of concept and this will be rolled out across the other 2 hubs in due course. It was noted that the MDT has included mental health representatives and this has proved very useful.

The following queries were raised.

- There is a risk that closure of existing bed capacity may cause an increase of bed blocking as demand has not reduced. Mark Gray advised that the focus is on preventing people being admitted to hospitals and freeing up the movement of patients out of hospitals. The focus of care needs to change to prevention and resources moved appropriately and this requires a change in social care as well as acute care.
- Disabled facilities grant requests have dropped in Dover and Canterbury as there are insufficient assessment appointments available. This means that money is available but has not been utilised. Kent Housing Group is working with Kent County Council (KCC) on the disabled facilities grant but the blockages do create a knock on effect in other parts of the system. Greater liaison would be welcomed to help local authorities plan ahead. The assessments are currently conducted by KCC occupational therapists (OT) and it was suggested that other OTs could be used to free up the current blockage in assessments. It was noted that Canterbury City Council can fund additional OT resource and are keen to do that. Housing teams would welcome the opportunity to give their input into pathway improvements.

**Action: Alison Hargreaves to send Marie Royle's contact details to Mark Gray.**

**Action: Update on progress to be brought to the next meeting.**

- Will Herne Bay be included in the Vanguard? CCG are looking at a similar hub based model for Herne Bay with appropriate services. Herne Bay is being encouraged to look at similar models.
- Can the funding be allocated by the Vanguard or is it pre allocated? Vanguard decide how the funding is used.
- Have service users/patients been consulted at all? Yes, input has been sought but is not covered in this report. Patients who have been through the new pathways are now giving feedback, although numbers are still small, 30ish patients. Additional resources have been put into engagement as the importance of this is recognised.
- It was suggested that a member of the Health and Wellbeing Board (HWB) join the Vanguard Stakeholder Development Group as project plans begin to be put into action.

**Action: Amber Cristou was suggested as an appropriate HWB member to represent all CCG areas.**

#### 4 **KENT COMMUNITY TRUST HEALTH IMPROVEMENT WORK - ANNE FORD**

Anne Ford gave a presentation and the following was highlighted.

- Kent Community Health NHS Foundation Trust are commissioned by KCC to support health checks and general practices opt into a type of contract they are comfortable with.
- There is a focus on self help with a dedicated app which has proved very effective
- People are more motivated to change their behaviour if their own statistics are given to them eg their heart age, so health checks are important as they are a gateway to get people to engage and change their lifestyle.
- Offers include exercise referral scheme, healthy weight and weight management, food champions training, fresh start programmes.
- Stop smoking service is very successful and is being focussed in areas of deprivation.

- A health trainer has been allocated to Northgate Medical Practice to help integrate primary care. The primary care team have welcomed this.
- KCC are organising a procurement process for Integrated Health Improvement Service which aims to support everyone with their own preventative medicine.
- Food champions run courses for families with younger children and the feedback is excellent and the impact on the families has been very high.

The following comments were made:

- There are not enough health trainers and that they need to be attached to a hub or a practice to be most effective.
- Every contact counts should be more widely extended. Local authorities have contact with the target population and there is good crossover here. Community support and housing should be part of every contact counts.
- Workforces are also important therefore engaging with the workforce so they feel confident making those contacts is important.

5 **EAST KENT STRATEGY BOARD BRIEFING - BETTER HEALTH AND CARE IN EAST KENT: TIME TO CHANGE - SARAH PHILLIPS**

The East Kent Case for Change leaflet was presented and this is part of the process of engaging with the public.

A Kent and Medway Case for Change document will be published in the new year and this will incorporate the learning from the East Kent document.

It was noted that the Board and local authorities could have been involved earlier in the process and used as a sounding board and communication tool.

6 **KENT AND MEDWAY SUSTAINABILITY AND TRANSFORMATION PLAN (STP) - GOVERNANCE**

Sarah Phillips advised that the STP was submitted on 21 October and will be made public in a couple of weeks. The Board will be advised of the date and there is a comms plan around its release.

A presentation will be brought to a future meeting.

Kent & Medway now has a programme board and district and CCG representatives will be part of a partnership board.

Agenda item for the next for next meeting.

7 **HEALTH INEQUALITIES - SAM BENNETT**

Sam Bennett gave a presentation and highlighted the following:

- The gap between deprived and less deprived areas is not decreasing with regards to mortality.
- The biggest differences are in cardio vascular and gastro intestinal conditions.
- Smoking and also alcohol related premature mortality is higher in more deprived areas.
- There is the same relationships for children as adults in deprived areas.
- The opportunity for intervention is best in preschool age children.

It is important to know where the deprived areas are and what type of deprivation there is in that area so a targeted approach can be taken.

- 8      **UPDATE ON WORK AROUND CHILDHOOD OBESITY - SAM BENNETT**  
Sam Bennett gave a presentation on the work being done around combatting childhood obesity and the following was highlighted:
- Overweight children are more likely to become overweight adults with associated health risks.
  - National Child Measuring Programme weighs and measures each child and parents contacted directly if there is concern over a particular child.
  - There is significant variation seem between wards therefore the area most in need of intervention can be targeted.
  - There is a clear relationship between deprivation and obesity in children.
  - Prevention measured include helping adults make good food choices, making sure communities support healthy lifestyles.
  - There is a clear link between weight and mental wellbeing so emotional wellbeing needs to be addressed as well as weight.
  - Local Children's Partnership Group have been taking this forward and looking at different ideas. They are seeking a grant to do more work to address obesity in yr 6 children and to look at a high quality early years offer and a whole school approach to healthy eating.
- 9      **FOCUS OF THE BOARD IN 2017 - ALL**  
It was agreed that all should bring ideas to the next meeting on how the organisations represented at the Board can work better together, based on the information given at this meeting.
- The Board should also consider whether to continue to hold the meetings in public and the timing of the meeting.
- 10     **REPORTS FOR INFORMATION - LOCAL CHILDREN'S PARTNERSHIP GROUP - SARI SIRKIA WEAVER**  
Noted.
- 11     **ANY OTHER BUSINESS**  
None.
- 12     **DATE OF NEXT MEETING**  
11 January 2017, 18.00 in the Boardroom, Canterbury City Council Offices.